



**UDRUŽENJE  
KARDIOLOGA  
U BOSNI I  
HERCEGOVINI**



**İç Hastalıkları Uzmanlık Eğitim  
Araştırma Derneği**

# INTERNAL INSIGHT: **ADVANCEMENTS IN INTERNAL MEDICINE PRACTICE**

**24 - 26 MAY 2024**  
FOUR POINTS BY SHERATON  
CATANIA, ITALY



## **PROGRAM**



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## 24 MAY 2024, FRIDAY (DAY 1)

### 14.00-16.00 WELCOME CEREMONY AND HONORARY LECTURE

14:00-14:15	Welcome Adress by	Ali Özdemir
14:15-14:30	Welcome Adress by	Belma Pojskić
14:30-16:00	The patient; the interconnectedness of internal diseases and cardiometabolic syndrome experiences in the modern world	Petar Seferovic

### 16:00-16:15 Coffee Break

### 16:15-17:15 PHARMACOLOGICAL APPROACH IN TYPE 2 DIABETES TREATMENT CURRENT GUIDELINE Chairperson: Ali Özdemir

16:15-16:35	Pharmacological approach in type 2 diabetes treatment current guideline	Ali Özdemir
16:35-16:55	Type 2 diabeties	Zumreta Kušljugić
16:55-17:15	Discussion	

### 17:15-17:30 Coffee Break

### 17:30-18:30 CASE PRESENTATION Chairperson: Zumreta Kušljugić

17:30-17:50	Case 1	Belma Pojskić
17:50-18:10	Case 2	Petar Seferovic
18:10-18:30	Discussion	



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## 25 MAY 2024, SATURDAY (DAY 2)

### 09:30-10:30 PHARMACOLOGICAL APPROACH IN HYPERTENSION TREATMENT CURRENT GUIDELINE Chairperson: Ali Özdemir

09:30-09:50	Pharmacological approach in hypertension treatment current guideline	Esra Ataoğlu
09:50-10:10	RAAS	Zumreta Kuşljugić
10:10-10:30	Discussion	

### 10:30-11:00 Coffee Break

### 11:00-12:15 MANAGEMENT OF COMPLICATIONS IN TYPE 2 DIABETES Chairperson: Petar Seferovic

11:00-11:15	Lifestyle modifications	Ali Özdemir
11:15-11:30	Monotherapy options	Petar Seferovic
11:30-11:45	Monotherapy failure: Whom, why and when?	Esra Ataoğlu
11:45-12:00	After monotherapy failure	Belma Pojskić
12:00-12:15	Discussions	

### 12:15-14:00 Lunch

### 14:00-16:00 MANAGEMENT OF COMPLICATIONS IN HYPERTENSION Chairperson: Belma Pojskić

14:00-14:20	Cough	Zumreta Kuşljugić
14:20-14:40	Edema	Belma Pojskić

### 14:40-15:00 Coffee Break

15:00-15:20	Case 1	Ali Özdemir
15:20-15:40	Case 2	Esra Ataoğlu
15:40-16:00	Discussions	



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## 26 MAY 2024, SUNDAY (DAY 3)

### 09:30-10:30 COMBINATION THERAPY AND CASES

Chairperson: Zumreta Kušljugić

09:00-09:20	Patient education and self-awareness	Zumreta Kušljugić
09:20-09:40	Management of hypoglycemia	Petar Seferovic
09:40-10:00	Management of weight gain	Belma Pojskić
10:00-10:20	Screening for microvascular complications	Esra Ataoğlu
10:20-10:30	Discussions	

### 10:30-11:00 Coffee Break

### 11:00-12:00 HOW TO PLAN THE TREATMENT?

Chairperson: Ali Özdemir

11:00-11:20	Lifestyle changing and pharmacological therapy in type 2 diabetes	Zumreta Kušljugić
11:20-11:40	Lifestyle changing and pharmacological therapy in hypertension	Petar Seferovic
11:40-12:00	Discussion	

### 12:00-12:15 Coffee Break

### 12:15-12:30 CLOSING CEREMONY